Short Report

Intermammary Pilonidal Disease

Arda Isik*, Eray Kurnaz, Nurten Arslan Isik

Erzincan University, Turkey
*Corresponding author: kararda@yahoo.com

Pilonidal disease is an abnormal skin growth that contains hairs. It occurs mainly in the sacrococcygeal area; however, it may rarely occur in the axilla, groin, interdigital web space or umbilicus. In the literature, there were only 13 cases pilonidal disease in the intermammary region [1, 2].

Here we present a case of a 22-year-old female. She had chronic discharging sinus in the intermammary area for six month. The examination revealed that the patient was hirsute and had multiple sinuses in the intermammary region (Fig. 1).

Serous discharge was present in the patient; however, there was no abscess formation. The patient was treated with antibiotics and curettage of the sinus epithelium. After one week, the discharge stopped. During the 6-month follow-up, there was no recurrence.

References


Received: 2019-05-21
Revised: 2019-06-26
Accepted: 2019-06-26

Figure 1. Multiple sinuses in the intermammary region.